



Information for Referrers

Kindred Kids offers Group-Early Start Denver Model intervention (G-ESDM), to autistic children aged 0-6 years . The Kindred Kids G-ESDM bridging program provides the Sunshine Coast community with small group interventions of up to 5 children per group. The Kindred Kids bridging program will transition to an early childcare centre where the model will be inclusively delivered within the day care setting and open to more children. Children accessing the bridging program will have first access to intervention at the childcare centre.

Who is G-ESDM appropriate for?

G-ESDM is suitable as a comprehensive intervention for children showing early signs of autism or autistic children aged 0-6 years.

Who delivers G-ESDM?

G-ESDM is a transdisciplinary program that can be delivered by different clinical backgrounds once certified to fidelity. The ESDM Practitioner is supported by an Early Childhood Supports Therapy Assistant to administer the G-ESDM program. The team's fidelity is reviewed regularly to ensure the curriculum and the teaching principles are reliably being used.

For more in-depth research on G-ESDM

Individual Program

- 1. Dawson G, Rogers S, Munson J, et al. Randomized, controlled trial of an intervention for toddlers with autism: the Early Start Denver Model. Pediatrics. 2010;125(1):e17-e23.
- 2. Whitehouse, A., Varcin, K., Waddington, H., Sulek, R., Bent, C., Ashburner, J., Eapen, V., Goodall, E., Hudry, K., Roberts, J., Silove, N., Trembath, D. Interventions for Children on the Autism Spectrum: A synthesis of research evidence. Autism CRC, Brisbane, 2020.

Group-Based Program

- 1. Eapen V, Crnčec R, Walter A. Clinical outcomes of an early intervention program for preschool children with Autism Spectrum Disorder in a community group setting. BMC Pediatr. 2013 Jan 7;13(1):3. doi: 10.1186/1471-2431-13-3. PMID: 23294523; PMCID: PMC3631131.
- 2. Vivanti G, Paynter J, Duncan E, et al. Effectiveness and feasibility of the Early Start Denver Model implemented in a group-based community childcare setting. J Autism Dev Disord. 2014;44(12):3140–3153.



What is Group-Early Start Denver Model?

Group-Early Start Denver Model is a comprehensive, evidence-based early intervention for autistic children. G-ESDM relies on a range of teaching strategies to implement the developmental curriculum to autistic children in a group setting with a naturalistic and play-based approach. As G-ESDM is relationship-based, the intervention allows for children to create social interactions with others and learn through peer interactions and modelling.

What research does G-ESDM have?

The individual model, Early Start Denver Model (ESDM), is supported by randomised controlled trials for children as young as 18 months. After receiving intensive therapy, children were found to have improvements in IQ, adaptive behaviour, communication skills, daily living skills and motor skills. Similarly, research conducted by La Trobe University shows that the G-ESDM attained comparable results for children while attending a G-ESDM program. Recent research by Autism CRC endorses ESDM therapy as a naturalistic developmental behavioural intervention which is considered effective for autistic children.







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